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4 FORTY-FOURTH HEAD OF THE CHARLES REGATTA

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FORTY-FOURTH HEAD OF THE CHARLES REGATTA



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PULLOUT
RACE VIEWING GUIDE

K RIG AND RACE

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EDWARD J. SMITH, JR

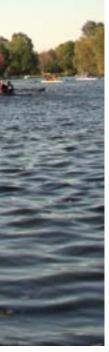
elcome to the 44th edition of the Head Of The Charles Regatta! On behalf of the Regatta's five Managing Directors, Katherine Kirk, John Lambert, Chuck Pieper, Roger Borggaard, and myself, as well as CFO Tom Martin, I would like to take this opportunity to welcome you to Boston.

Without the loyalty and support of all of the Regatta's keen spectators and a record high 8,500 athletes, the event would not be the iconic autumn destination that it has become. This year we have crews and scullers competing from 19 countries. In addition to our many friends from our northern border, Canada, we have representation from Australia, Brazil, China, Denmark, Germany, Great Britain, Ireland, Japan, the Netherlands, , New Zealand, Norway, Mexico, Pakistan, Spain and Turkey.

Since the last event, our Race Committee has met year-round to review the Regatta's future direction and to develop strategies for implementing needed changes. Thanks to the hard work of Co-Race Directors Mary Farrell and Cindy Ryder-Matthes, several enhancements have been made to improve the experience for rowers and spectators alike.

The Race Committee, combined with the Operation Staff, a core of about **>**

VERHEADS





HEAD OF THE CHARLES REGATTA

> 75 stalwarts who meet weekly during the months of September and October, have engineered many enhancements behind the scenes. River Control and Safety, always top of mind, worked with Vern Shrauger, to take steps to improve the experience for all those racing. Matt Wagner, with Computer Timing, the backbone for all official results, have also met regularly to train and advance the way in which times are taken, recorded and displayed. Umpires, under the watchful eye of Chief Referee, Pete Peterson, have spent long hours producing new training guides and Web-based instructional materials to help the coxswains and crews row more safely. A dedicated group

Look for colorcoded race bow markers to help you identify which race is under way.

> of bow placard specialists, led by John Romain, labored mightily to completely overhaul the bow number system in 2008. Look for color-coded race division bow markers to help you identify which race is underway. These are just a few examples of the 35 sub-committees which make up Race Operations; there are many more innovative and generous volunteers who serve the Regatta and dedicate long hours to help run the largest rowing event in the world.

> As always, we owe a huge debt of gratitude to our talented and energetic rank and file volunteers who make the event a success. Over 1,300 volunteers sign up for half and full day shifts to cover important operation areas of the Regatta. There are countless moving parts involved in the execution of the event; the very

fabric of the Regatta truly is the steady commitment of thousands of volunteers. Many have signed up before, and new faces are welcome as we encourage anyone who is interested to check our web site next summer and look for a position that would be of interest to them.

I would also like to take this opportunity to point out the Head Of The Charles Endowment Fund card—after this page—in today's program. For the first time, we are publicly reaching out to the rowing community, soliciting longterm financial support. The task of raising the annual funds to host this significant Boston event require that we begin to build up our permanent endowment to

ensure its longevity. We hope you will consider making a gift by filling out the card or simply by calling Executive Director, Fred Schoch, to learn more about how you can participate in this effort.

As the Regatta forges ahead in its fourth decade, we are conscious of maintaining the many traditions that have made it so popular, while at the same time seeking new ways to improve and remain current with other events.

We listen carefully to the feedback we receive and hope that you will engage a volunteer or Race Committee member with comments during your visit. For us, the core values of the Regatta remain fair and safe racing for every rower, and a fun and an exciting experience for spectators and athletes alike.

Thanks again for being a part of *America's Fall Rowing Festival*. We look forward to seeing you again next year! Row well.



EDWARD J. SMITH, JR. IS A LONGTIME REGATTA VI-SIONARY, CURRENT SECRETARY, AND CHAIRMAN OF THE BOARD OF DIRECTORS, AND FERVENT MASTER SCULLER.

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2008 REGATTA RACE COMMITTEE

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RACE COMMITTEE

Alan Day Ed Englander Nigel Gallaher Dennis Hickey Steve James Maureen Keefe Vern Shrauger Kate Sullivan Matt Wagner

The 2009 Head Of The Charles Regatta will take place on Saturday and Sunday, October 17-18, 2009. For more information call the Head Of The Charles general information number, 617 868-6200, visit www.hoc.org or email regatta@hoc.org

2008 PROGRAM PRODUCTION

DESIGN Carlos Ridruejo|Caridossa.com

PHOTOGRAPHY Carlos Ridruejo Igor Meijer row2k.com

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Head Up

Hammer Down



Photo by: Shivani Parmar



Schedule event and start times

Saturday, October 18, 2008

	EVENT - DIVISION	START
1	Grand-Master Men's Singles 50+ (1x)	8:00 AM
2	Grand-Master Women's Singles 50+ (1x)	8:20 AM
3	Senior-Master Men's Singles 40+ (1x)	8:44 AM
4	Senior-Master Women's Singles 40+ (1x)	9:03 AM
5	Senior-Master Men's Eights 50+ (8+)	9:27 AM
6	Senior-Master Women's Eights 50+ (8+)	9:42 AM
7	Senior-Master Men's Fours 50+ (4+)	10:00 AM
8	Senior-Master Women's Fours 50+ (4+)	10:10 AM
9	Senior-Master Men's Doubles 50+ (2x)	10:29 AM
10	Senior-Master Women's Doubles 50+ (2x)	10:43 AM
11	Club Men's Singles (1x)	11:04 AM
12	Club Women's Singles (1x)	11:18 AM
13	Club Men's Fours (4+)	11:42 AM
14	Club Women's Fours (4+)	11:58 AM
15	Club Men's Eights (8+)	12:26 PM
16	Club Women's Eights (8+)	12:48 PM
17	Master Men's Doubles 40+ (2x)	1:15 PM
18	Master Women's Doubles 40+ (2x)	1:29 PM
19	Master Men's Fours 40+ (4+)	1:51 PM
20	Master Women's Fours 40+ (4+)	2:00 PM
21	Master Men's Eights 40+ (8+)	2:22 PM
22	Master Women's Eights 40+ (8+)	2:33 PM
23	Championship Men's Doubles (2x)	2:53 PM
24	Championship Women's Doubles (2x)	3:04 PM
25	Collegiate Men's Fours (4+)	3:25 PM
26	Collegiate Women's Fours (4+)	3:37 PM
27	Championship Men's Singles (1x)	4:04 PM
28	Championship Women's Singles (1x)	4:15 PM
DP	Directors' Challenge Parent/Child Doubles (2x)	4:32 PM
DX	Directors' Challenge Mixed Doubles (2x)	4:43 PM

Awards Ceremony for Events 1 - DX

5:30 PM



12 forty-fourth head of the charles regatta

Schedule event and start times

Sunday, October 19, 2008

	EVENT - DIVISION	START
29	Senior-Veteran Men's Singles 70+ (1x)	8:15 AM
30	Senior-Veteran Women's Singles 70+ (1x)	8:24 AM
31	Veteran Men's Singles 60+ (1x)	8:39 AM
32	Veteran Women's Singles 60+ (1x)	8:55 AM
33	Youth Men's Doubles (2x)	9:19 AM
34	Youth Women's Doubles (2x)	9:35 AM
QX	Directors' Challenge Mixed Quadruples (4x)	10:00 AM
35	Youth Men's Fours (4+)	10:20 AM
36	Youth Women's Fours (4+)	10:45 AM
37	Youth Men's Eights (8+)	11:21 AM
38	Youth Women's Eights (8+)	11:46 AM
39	Master Men's Singles 30+ (1x)	12:19 PM
40	Master Women's Singles 30+ (1x)	12:26 PM
41	Collegiate Men's Eights (8+)	12:46 PM
42	Collegiate Women's Eights (8+)	1:01 PM
QW	Directors' Challenge Women's Quadruples (4x)	1:23 PM
43	Lightweight Men's Singles (1x)	1:45 PM
44	Lightweight Women's Singles (1x)	1:56 PM
45	Lightweight Men's Fours (4+)	2:16 PM
46	Lightweight Women's Fours (4+)	2:25 PM
47	Lightweight Men's Eights (8+)	2:42 PM
48	Lightweight Women's Eights (8+)	2:53 PM
49	Championship Men's Fours (4+)	3:10 PM
50	Championship Women's Fours (4+)	3:21 PM
QM	Directors' Challenge Men Quadruples (4x)	3:41 PM
51	Championship Men's Eights (8+)	4:08 PM
52	Championship Women's Eights (8+)	4:23 PM

Awards Ceremony for Events 29 - 42	3:00 PM
Awards Ceremony for Events 43 - 52	6:00 PM

✓ YOUTH FOURS TAKING THE CAMBRIDGE BOAT CLUB TURN



GIOSSALY ROWING TERMINOLOGY

Bow The forward section of the boat. The first part of the boat to cross the finish line.

Bow number A card holding the number assigned to each boat for a race. **Bow seat** The rower closest to the front or bow of a multi-person shell. In coxless boats, often the person who keeps an eye on the water behind themself to avoid accidents.

Coxbox Portable voice amplifier; may also incorporate digital readouts displaying stroke rate, boat speed and times.

Coxswain The oarless crew member who is responsible for steering and race commands; the coxswain either sits in the stern or lies in the bow of the boat.

Engine room The middle group of rowers in the boat. In an eight, this is generally seats 3, 4, 5 and 6. They are generally the biggest and strongest rowers.

Gunwales The top rail of the shell.

Hatchet blade Oar blades that have a more rectangular shape. (see Macon blade)

Heavyweight A rower who weighs more than the restrictions for light-weight rowing.

Lightweight A rower whose weight allows him or her to be eligible to compete in Lightweight rowing events.

Macon blade Oar blades that have a curved shape. (see Hatchet blade)Port A sweep rower who rows with their oar on the left side of the boat.Sculler A rower who sculls—rows with two oars.

Seat numbers A rower's position in the boat, counting up from the bow. In an eight, the person closest to the bow of the boat is "bow," the next is 2, followed by 3, 4, 5, 6, 7 and finally 8 or "stroke."

Starboard A sweep rower who rows with their oar on the right side of the boat.

Sweep A rower who rows with one oar.

Stroke seat The rower closest to the stern of the boat, responsible for the stroke rate and rhythm.

COMMANDS

Hard on port (or starboard) The rowers on that side of the boat must row harder (and the opposite side must row slightly easier) in order to facilitate a sharp turn.

Easy To stop rowing hard.

Hold water Stop the boat.

Check it down Square the oars in the water to stop the boat.

Let it run To stop rowing after a given piece, but to put the handles of the oars to the gunwales out in front of the rower in such a manner that the oars are parallel to the water, yet not touching it. This allows the boat to glide for a distance.

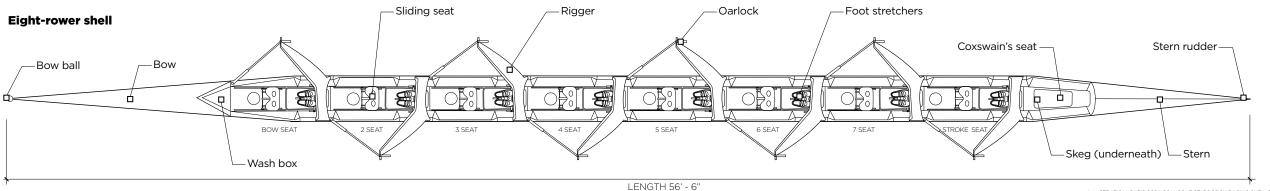
On the square To row without turning the blades on the recovery. **Weigh-enough or "Wain...'nuff"** The command to stop whatever the rower is doing, whether it be walking with the boat overhead or rowing. **Power 10** A call for rowers to do ten of their best, most powerful strokes. It's a strategy used to pull ahead of a competitor.

SOURCE: ADAPTED FROM USROWING

 $\boldsymbol{\boldsymbol{\zeta}}$ THE LAST FEW YARDS IN THE YOUTH EIGHTS EVENT DIVISION

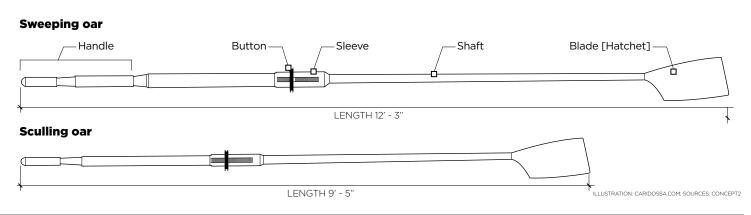


BOAT AND OAR NOMENCLATURE



Shell construction

Rowing shell construction has greatly evolved since the days of entirely wooden boats. Today's boats are considerably lighter and stiffer, thanks to the use of space-age technology such as aircraft aluminum, carbon fiber and honeycomb construction.







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equipment BOAT SPECIFICATIONS



Singles (1x)

Singles are boats about 26 feet long, 11 inches wide and weighing some 30 pounds, propelled by one person with two oars.

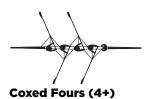


Double Sculls (2x)

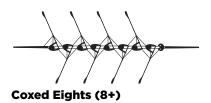
Doubles are approximately 32 feet long, 13 inches wide and weigh about 59 pounds. They are boats propelled by two people with two oars each.

Quadruple Sculls (4x)

Quads are generally 42 feet long, 21 inches wide and weigh approximately 114 pounds. They are propelled by four rowers with two oars each.



Coxed Fours are about 42 feet long, 21 inches wide and weigh roughly 112 pounds. They are propelled by four rowers with one oar each and are steered by a coxswain.



Eights are approximately 60 feet long, 26 inches wide and weigh nearly 211 pounds. The boats have eight rowers with one oar each, and a coxswain to steer the boat.

ILLUSTRATION: SHERRY PROCTOR; SOURCE: FEDERATION INTERNATIONALE DES SOCIETES D'AVIRON (FISA)

SYNCHRONIZED





ANDY ANDERSON

the world who ordinarily don't get to look like. For most of the 8,500 comathletes.

And every four years the Head Of The Charles Regatta offers us a special treat: a chance to see Olympians, fresh from their competitive experience, smoking up the three mile course, showing us how it's done. It's an inspiring moment when one of the world's best goes by looking much bigger and more real than they did on television—a treat that both spectator and competitor can delight in. Many undergraduates will brag when they return to Oklahoma City or Cincinnati or Seattle, that they were on the water at the same time as the Olympic Eight. They can compare their split times and imagine how they might have finished if only they had kept it strong between the Footbridge and the Anderson Bridge. There is no other re-

✔ U.S. WOMEN CELEBRATING A GOLD MEDAL TRIUMPH AT THE 2008 BEIJING OLYMPIC GAMES

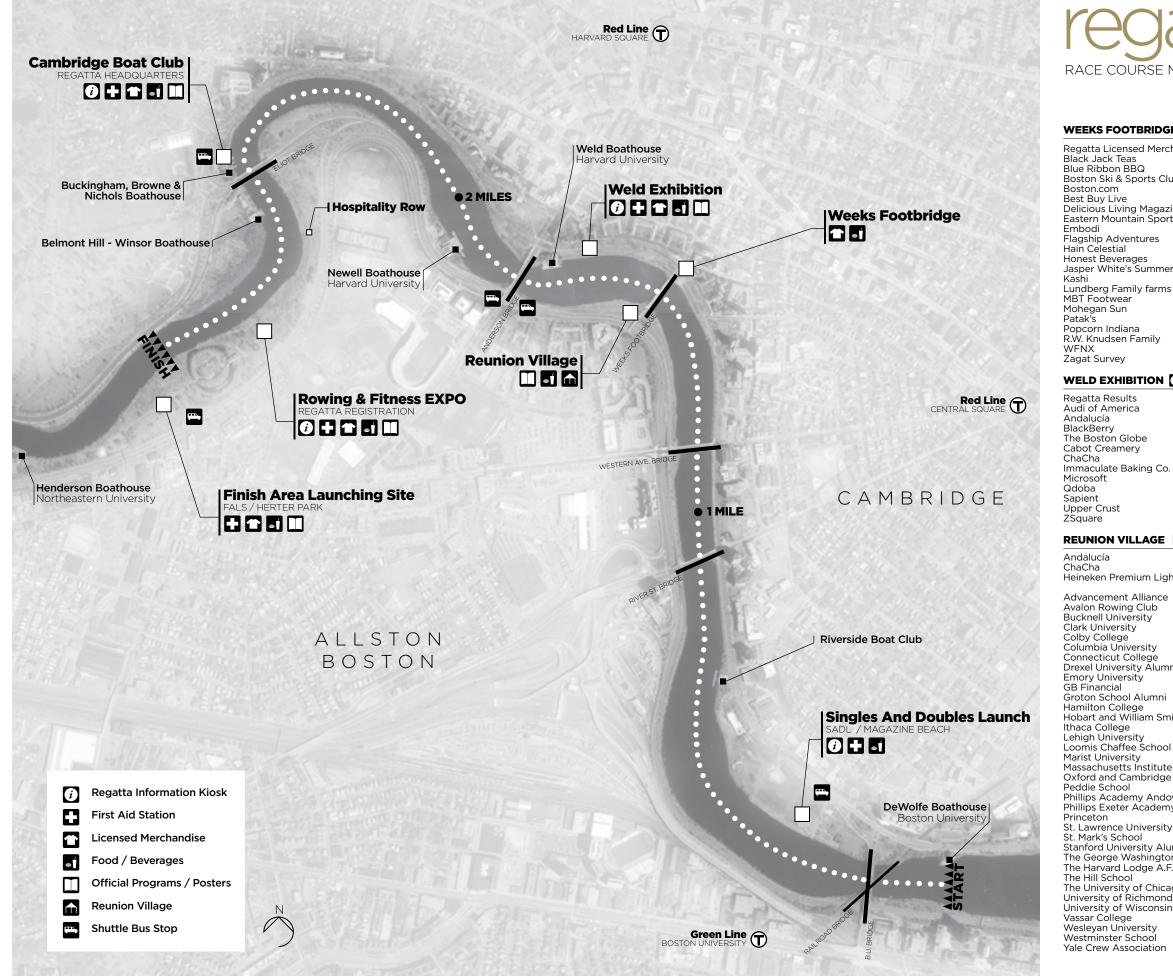
Jympians FROM THE BEIJING GAMES TO THE HEAD OF THE CHARLES

he Head Of The Charles is rowing's national holiday. No other regatta is so festive, so friendly, so fun. There will be reunions of boats that competed long ago, gatherings of scullers from all over compete with each other, and collegiate and high school crews that are looking for a preview of what their spring season will petitors, winning a medal is a dream. It is enough to row the fabled course, challenging themselves with the twisting river and the unforgiving bridges. It is exciting to be racing against so many dedicated

gatta where the best in the world and the decidedly ordinary compete in the same event. The Men's Championship Eights will have Great Britain and the US, silver and bronze medalists, competing against JV and third varsity collegiate oarsmen.

This isn't some joke charity event, like trying to score a basket against the Celtics and having your shot swatted into the fortieth row; it isn't a George Plimpton stunt, mortals embarrassing themselves on the Charles. Everyone will be cranking on it; those boats out there may not go as fast as the Olympians, but they are moving, too. That's the way the sport works. You can row the same course as medalists and have a very good row, just a little slower. It's like playing in a foursome right behind Tiger Woods. But he doesn't really have to compete with you, does he? He doesn't have to steer around you.

By the organizers' count, this weekend's Regatta will have 250 former and current Olympians and National Team members racing. Oh sure, some of them will not have touched an oar since last year's Head—or maybe ten years ago—but because rowing is often a lifestyle choice, most of them will still fit into their old uniforms and still be out punishing the blade. At this year's Regatta, most of the oohs and ahs will be focused on the US gold medalist Women's Eight. It won't be exactly the >



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Venues

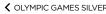
RACE COURSE MAP AND VENDOR LOCATOR

e 🕇 🗐	CAMBRIDGE BOAT CLUB
chandise	Regatta Charity Programs Regatta Director's Hospitality Tent Regatta Press / Media Center
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zine rts	Fleming's Prime Steak and Wine Bar FINISH AREA LAUNCHING SITE (FALS) AND
	ROWING AND FITNESS EXPO
er Shack s	Regatta Athlete Registration Regatta Awards Regatta Licensed Merchandise Regatta Results Regatta Weigh-in Accenture
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	Brugger's Bagels Calm Waters Rowing Cambridge Health Alliance CBS Radio - WODS ChaCha Cherry Pharm Concept2 CTS Connect-A-Dock Craftsbury Sculling Center Croker USA Durham Boat Company, Inc.
-1 f	Echo Rowing Empacher Event Management International ElvidDecian
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nith Colleges	Personal Eyes Pocock Racing Shells Reflexive ARC Regatta Sport
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У	Southbay Rowing Sport Graphics, Inc. USPowing Association
- umni on University F. & A.M.	USRowing Association Val's Customized Action Wear Vespoli USA WaterRower Inc.
г. « А.М. адо	WinTech Racing
d	HOSPITALITY ROW

Andalucía Audi of America Hotel Commonwealth National Rowing Foundation







> boat that raced in Beijing, but a pretty fair approximation of the boat that jumped out to a full length lead in the Olympics will be on display in the Championship Eights on Sunday.

As the Women's Eights streak up the river toward the close of Sunday's action, big cheers should erupt along the banks for the USRowing Eight. It will contain four of the eight gold medalists rowing, plus Mary Whipple, cox. This eight, the first Olympic gold medal for American women since 1984, and the first ever at the 2000 meter distance, made history in August with their beautiful run down that course. The other four rowers are either taking a well-deserved rest or rowing in other boats. "On Sunday we'll just say 'Hands on' and wing it," says Whipple, who has been in charge of the Eight for the past eight years. With all the steering and the strategy, it's a very stimulating race for a coxswain. She says, "It's my race





to shine. It's almost overwhelming seeing so many people, racing with so much noise. I love racing on this course."

The Dutch Women's Eight, silver medalists by two seconds, and the Canadian and British Eights, fourth and fifth, will be chasing the USRowing down the course. "The girls love to put the motor on when I ask for it," she says. Whipple recalls the Olympic final: "in past years with 750 to go, other boats would start to come back on us. This year—a year when we knew that we had a perfect race in us—it was incredible to actually be executing it. At 750 I said, 'No one is moving. We're good. Then five strokes later I repeated it. Finally as we came to 500 meters to go, and I said 'No one's moving' for the third time, I knew it would come true."

When the Americans pass boats on the course, watch them turn it on. Not many of the athletes rowing over the \rightarrow

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As the Official Mobile Answers Provider of the Head Of The Charles Regatta, we can answer all your questions about Boston, rowing and anything else. Our service allows people with virtually any mobile phone to ask a question in conversational English and receive the answer as a text message in just a few minutes. It's that simple.

Ready all, text.

What's the difference between Manhattan clam chowder and New England clam chowder?

My muscles are sore. Where is a drugstore near River St. and Memorial Dr. in Boston?

Where is a good Irish pub in Boston to celebrate our win?

> weekend will be able to say that they have rowed a perfect race. But because the US Eight did exactly that (as their male counterparts did four years ago), they deserve your cheers.

Caryn Davies, who stroked the eight in Beijing, will be rowing with former Radcliffe teammate Michelle Guerette in the Championship Double on Sunday because in 2003 her USRowing Eight was passed on the course by the Canadians. "I made a pact with myself that I'd never row in this regatta in an Eight again," she said. "I like to have a change of pace after racing the Eight all summer." For her the Head is all about remembering why she loves the sport and the people in it.

So she'll be in a double with Guerette, who had an amazing race herself in Beijing in the single scull, just four-tenths of a second behind the winning Bulgarian. Guerette and Davies won't have practiced much together, but they are looking forward to their race. "This year I feel a bit different than in other years," says Davies. "These rows at the HOCR always used to be about the past for me – reunions with teammates. But this year I'm thinking about the future, because I want to row in small boats for a while. I want to see how fast Michelle and I can make this Double move."

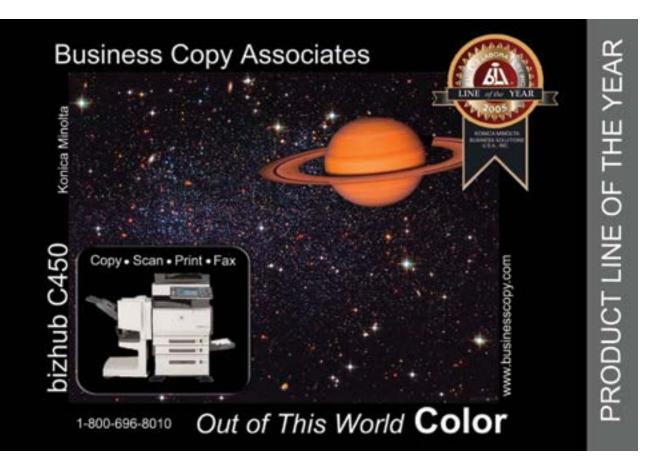
Silver medalist Michelle Guerette agrees. "Caryn and I rowed a pair a few times several years ago, but never had the chance to test ourselves. It will be fun to see if we can make the Double go." The Head Of The Charles is often described as the most fun regatta in the racing calendar. Talking with these two superb athletes, it's impossible not to notice how often they use the word "fun." Guerette comes alive when she talks about the Olympics. "The semi-finals

were probably the tensest race of my

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life, but then when you're in the finals, everything is relaxed and you can really enjoy being there." Asked about fun in rowing, Davies says, "For me all rowing is about fun. The day of the Olympic final we all had big smiles on our faces. We looked around at each other and everyone was grinning. We were ready." And what makes this day so much fun?

"We all love to row for friends and family, for people who don't go to the World Championships or to Beijing," says Guerette. "It's coming home to where I rowed in college and to where so many of my friends are," adds Davies. They note that the huge crowds on the Charles River banks help lift their performances. "It's rowing's national holiday," says Michelle Guerette.

ANDY ANDERSON, ALSO KNOWN AS "DR. ROWING IN HIS COLUMN IN ROWING NEWS, TEACHES SPANISH AND SERVES AS DIRECTOR OF FINANCIAL AID AND CREW PROGRAM COORDINATOR AT GROTON SCHOOL



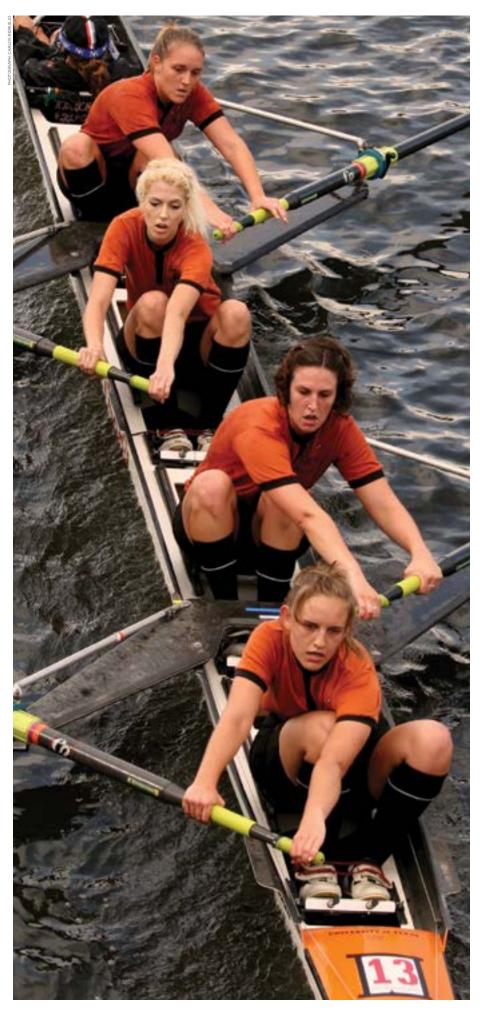


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charity ROWING FOR EVERYONE

CHARLES ATTAGER

ince its inception in 1998, the Head Of The Charles Charity Program has enabled hundreds of athletes to raise money for local charities. Each year, a limited number of single scullers, double scullers and institutions commit to raising \$1,250 per seat in return for a guaranteed entry. The 2008 Regatta marks the tenth anniversary of the Head Of The Charles Charity Program and in the last decade, the program has raised over \$700,000 in contributions. The Charity Program is a unique opportunity for rowers to give back to the Boston and Cambridge Communities. For 2008, the three official Head Of The Charles Charities are AccesSportAmerica, Cambridge Community Foundation, and Community Rowing Inc. The HOCR is honored to partner with these three organizations and happy to share the success and achievements made possible by the funds raised by past and present Charity Program participants.

In August of 2008, Community Rowing Inc. launched a two week Boys Summer Rowing Program (B-Row) funded in part by donations from the Head Of The Charles Charity Program. The camp was free to boys age 11 – 16 from the West End House, the Commonwealth Housing Tenants Associations, and the Oak Square YMCA Summer Camp. Campers learned introductory

2008 OFFICIAL CHARITIES

Community

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inving ·

> technique on the erg and in the barge.

A portion of the funds raised by Charity Program participants for Cambridge Community Foundation are directed toward the Cambridge Rindge and Latin School Rowing Program. CRLS, coached by Dale Wickenheiser, operates from the the Cambridge Boat Club. The program began in 1889, but was suspended after the stock market crash in 1929. In 1989 the program resurfaced and, since then exploded into a six-day-a-week varsity style with 50 kids, five boats, five races "and the steepest learning curve this side of the Rockies," says Wickenheiser The \$1 door charge at Reunion Village is also donated directly to CRLS, in the Spring of 2007 with these funds, the program was able to purchase an additional Vespoli four named the "Charles Attager."

At AccesSportAmerica, funds raised through the Head Of The Charles Char-

ity Program support adaptive rowing and other paddle sports. Adaptive riggers designed by AccesSportAmerica allow virtually anyone of any ability to row in a sliding rigger.

On Regatta Weekend, spectators have the opportunity to watch Olympic medalists and youth athletes alike navigate the same bends and avoid the same arches. For every long confident stroke taken, there are just as many tentative firsts. The 2008 Head Of The Charles Charity Program is honored to be a part of developing so many "first strokes."

For information to participate in the 2009 HOCR Charity Program and helping to ensure the success of programs like AccesSportAmerica, Cambridge Community Foundation and CRI, please contact the Regatta office next spring.

CHARLES ATTAGER IS A HEAD OF THE CHARLES REGATTA FAN AND FELLOW VOLUNTEER.

for our environment. Community Rowing, Inc. (CRI) is the largest public access rowing club in the United States. Founded in 1985, CRI is dedicated to involving a racially and economi-

cally diverse group of people with a wide range of physical abilities in the Olympic rowing discipline that develops fitness, teamwork and strength. CRI offers learn to row. recreational. competitive adult and youth programs and includes opportunities for people who have physical disabilities, people with visual or hearing impairments and people who have intellectual disabilities. Membership and program fees are what keeps CRI afloat. However, the organization is committed to making rowing affordable for anyone who wants to take part. Donations to CRI support scholarships, equipments costs and special programs, such as G-ROW-CRI's after-school rowing program for more than 300 girls from the Boston Public Schools.

FOR MORE INFORMATION: call 617-576-9966 or visit www.communityrowing.org



STABLISHED 19

Founded in 1916, the Cambridge Community Foundation (CCF) strives to meet the most vital human service needs of the Cambridge, Massachusetts

community. The Foundation's focus is on funding direct human services by initiating programs and working through agencies serving in these areas: Early Childhood Services "A Healthy Start"for babies, preschoolers, and their families; Youth Services "Opportunities for Children and Youth"-to grow into healthy, productive citizens; Senior Services "Support for Our Seniors"-services, activities, and volunteer opportunities; Community Services "A Welcoming Community"-ensuring access to services and resources for new immigrants, underserved groups, and vulnerable individuals; Emergency Outreach "A Community that Cares"-addressing hunger, homelessness, and violence; Arts & the Environment "A Lively, Livable Community"-encouraging creativity and caring

FOR MORE INFORMATION: visit www.cambridgecf.org, contact the Foundation at 99 Bishop Allen Drive Cambridge, MA 02139, or call 617-576-9966.

national, non-profit organization dedicated to the discovery and achievement of higher function and fitness for children and adults of all disabilities through high challenge sports. Based in the Boston area, AccesSportAmerica specializes in adaptive sports such as rowing, windsurfing, Polynesian outrigger canoeing, kayaking, water-skiing, and other water sports as well as adaptive cycling and soccer. Our ongoing challenge is to help our athletes see themselves as just that-athletes. Then we hold them to a higher standard in which they excel and understand a true accomplishment that could easily stand next to the greatest accomplishment of the greatest able-bodied athlete. Over 500 people participate yearly in AccesSportAmerica programs at The Spaulding Rehabilitation Hospital on the Charles River, Massachusetts Hospital School in Canton, and other sites on Martha's Vineyard, Nantucket, New Hampshire, and Stuart, Florida.

FOR MORE INFORMATION: contact AccesSport America, 119 High St., Acton, MA 01720, toll free 866-45-SPORT or visit www.AccesSportAmerica.org



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Best wishes to all of the 2008 HOCR rowing clubs and competitors

2008 HEAD OF THE CHARLES CHARITY PROGRAM PARTICIPANTS

AccesSport America AccesSport America is a

Anonymous (2) Kate Ackerman Victor Altshul Bruce Baggaly James C. Beck Donald Besser Thomas Burchill Blair Crawford Community Rowing Inc. Richard de Neufville Helen Fremont Richard Griffoul Bob Heacox Ken Iscol

Donald Keyser

Stuart Law Thomas Lowe Saman Majd Sean Maloney Heidi McGee Jim Miller Ernie Parizeau Bart Pasternak Vincent Petrecca Frank B. Porter Daniel Schley Hugh Scott Thomas Sturges



CAIT HART

magine thousands of friends, families, and spectators lining the banks of the Charles River watching rhythmic crews surging down the river, one after another, bodies swinging in practiced unison. Former teammates and coaches reunite under brilliant fall foliage. Thirty-five alumni groups and friends gather for a festive picnic that has made Boston's Head Of The Charles "a must attend" event. All of this comes together in one prime location: Reunion Village.

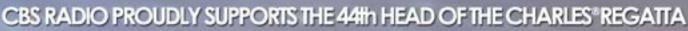
The Head Of The Charles Regatta has long been the home to countless reunions for current and former rowers from across North America and the world, both on the water and the shore. Following the 2002 Regatta, the yearround staff and volunteer Committee heads recognized that dedicating a centralized gathering space for various schools, clubs, and organizations to host reunions would be a strong addition to the Regatta. They began the process of selecting the ideal venue and securing vendors for essentials and amenities to make the inaugural Reunion Village a success. The following year, youth, collegiate, and masters' organizations were offered the opportunity to purchase space in the Reunion Village tent and invite their affiliated members to socialize while enjoying beverages, victuals and more with a fantastic view-

THE HIPPEST PICNIC IN BOSTON

ing location. Since its debut, Reunion Village has exploded in popularity to become one of the weekend's favorite destinations, with nearly 7,000 people attending in 2007.

Located at the halfway-point of the racecourse, between the Weeks Footbridge and Anderson Bridge on the Boston shore of the Charles River, Reunion Village is indisputably one of the premiere locations of the 3-mile course. Spectators have prime waterfront access to watch coxswains and scullers of varying abilities maneuver the infamous Weeks turn—arguably one of the most challenging turns of any head race course in the nation.

Like most aspects of the Head Of The Charles, volunteers primarily manage the Reunion Village. Committee co-chairs Bea Schoch, Pam Simonds, and Willard Schoch spend months preparing for the event. Organizing and preparing the venue is no easy task. By May, a full half-year ahead of the Regatta weekend, applications are made available for groups that want to reserve space. Among the many details of preparation, orders must be placed for tents, chairs, tables, linens. A caterer must be contracted for organizations that choose to place advanced orders as well as having a great menu of food ready-to-purchase at the popular concessions stand in >







> the center of Reunion Village. Color commentary announcers eagerly vie for the coveted assignment to calling the races from Reunion Village. Once all tent spaces have been reserved,

The 2008 Reunion Village is already setting records. By late July every tent space was sold out and the waitlist extended into the double-digits.

parking passes and information sheets are mailed to all participating organizations, and each organization must be assigned to a particular tent so that they can tell their members exactly where to go. And all of this happens months before the Regatta even begins!

In the days leading up to the Regatta, one of the committee co-chairs is on-site at Reunion Village to ensure that everything from tents to power generators are delivered and set up correctly. When organizations begin arriving Saturday morning, the co-chairs and a team of volunteers are on site to greet and assist as needed. Throughout the weekend, these volunteers work at the Village on set-up, ticket sales, welcome tables, and various other aspects of managing Reunion Village.

The 2008 Reunion Village has already proven record setting. By late July every tent space was sold out and the wait list extended into the doubledigits. For the first time, an early regis- >

✓ FRIENDS REUNITE AT REUNION VILLAGE

tration list from last year's Regatta was created and immediately began to fill up. This year will be the largest Village yet, with 39 organizations from the United States and Europe participating— including high schools, universities, rowing clubs, alumni organizations, and other organizations. Many of the organizations are returning for the second, third, or fourth year.

> In the words of Colby College alumnus and Riverside Boat Club Captain, Peter Morelli, "At RV, you've got prime real estate to watch the racing, tons of socializing to attend to, great food and beer. And if for any reason the weather doesn't suit you, there are tents. What else could you possibly need?" The University of Wisconsin did manage to find one more need: to the delight of Badger alumni and

Reunion Village attendees in general, they brought their live mascot, Bucky the Badger to the 2007 Reunion Village. Bucky was a popular feature of the Village and even made an appearance on the 7:00PM news!

Proceeds from the There is a mod-Reunion Village benefit est entrance fee of \$1 for Reunion Village. an official Head Of The Proceeds benefit an official Head Of Charles Regatta Charity. The Charles Regatta Charity, the Cam-19th. The Village is located on the bridge Community Foundation, which in turn makes the funds available Boston shore of the Charles River to the local Cambridge Rindge and between the Anderson Bridge (John F. Latin High School Rowing Program. Kennedy Street) and the Weeks Foot-Last year, the high school was able to bridge. ____ buy a slightly-used Four-oared racing CAITILN HART. IS A FORMER HOCR INTERN. AND shell and aptly named it the "Charles N FROM RIVERSIDE BOAT CLUE

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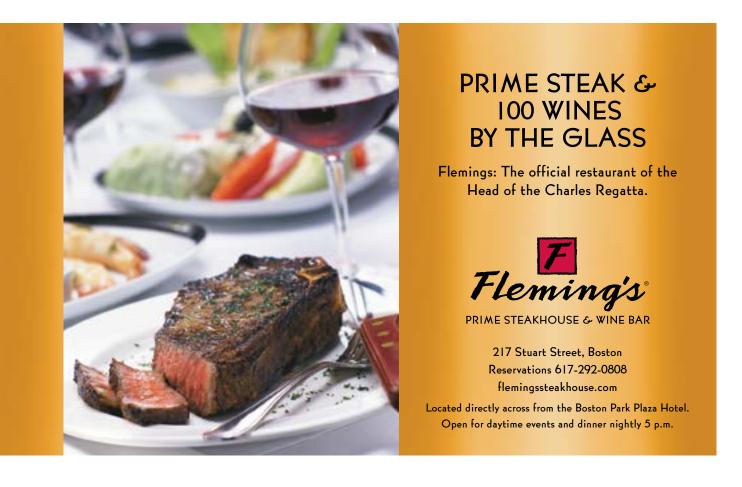
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The 2008 annual Reunion Village will be open to the public from 8:00AM to 5:00PM both Saturday, October 18th and Sunday, October



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FREDERICK V. SCHOCH



On behalf of the Regatta's Board of Directors, host organization Cambridge Boat Club, the Race Committee, Co-Race Directors Mary Farrell and Cindy Ryder-Matthes and nearly 1,300 volunteers, I welcome you to the 44th running of the Head Of The Charles.

In today's volatile financial climate, we are particularly fortunate to have the loyal support of a number of companies. Once again, Nautica will return as our "Official Apparel Outfitter" providing all of our volunteers with handsome jackets and hats. Andalucia Sports Bureau from Spain returns for their second season with us. We are very privileged to have the continued support of these important sponsors. Last fall, Accenture collaborated with the Regatta's Timing Committee to add significant input and expertise to our timing data by producing "enhanced display" capabilities. When you visit our web site (www.hocr.org) for results you will be able to view and compare results, in ways that no other regatta offers. This year, Resolute Racing will sponsor the live video feed of racing from Cambridge Boat Club. This video stream will be available in

real-time throughout the weekend,



last ten strokes

A MESSAGE FROM THE EXECUTIVE DIRECTOR

elcome to America's Fall Rowing Festival!

and archived for rowers and spectators for viewing at a later date. Check out official results and video at the Accenture booths at the Rowing and Fitness EXPO on a large plasma screen and several laptops available for all.

The Regatta would also like to thank a number of Patrons who support the Regatta and engage the large crowds throughout the riverbanks. Stop by their kiosks at the Weld Exhibition Area, located just off Memorial Drive on the Cambridge-side of the river. New this year are ChaCha Search, a unique human powered search engine service designed for use on your cell phone, and MBT Footwear, the self-described "anti-shoe" that has physiological properties which is changing the way the world walks. We also welcome Heineken to the Reunion Village; we all know what this well-known brand produces!

Products and services from a host of other Patrons at Weld and Weeks Footbridge areas include: Best Buy, Blackberry, Immaculate Baking, Kashi Cereal, Microsoft, Mix Healthy Lifestyle, Mohegan Sun, Patak's, Qdoba Restaurant, Upper Crust Pizza, Z Square Restaurant, and many more. I would also like to recognize valuable Regatta partners USRowing, Hudson Boat Works, Concept2, Boathouse Sport, PowerHouse Timing, the Hotel > > Commonwealth, CBS Broadcasting, Phoenix Media Group, Elevate Communications, Fleming's Prime Steakhouse, Whaleback Systems, Boston Copy Associates, Olympic Moving and

In today's volatile financial climate, we're are particularly fortunate to have the loyal support of our sponsors.

> Storage and the Boston Globe. With racing, two new events have been added to the Regatta. In addition to the Directors' Quad—which has blossomed as a fiercely competitive event over the last three years—2008

will be the inaugural year for the Parent/Child Double and the Mixed Double Scull events. The entry fee for these events goes directly into the HOCR's permanent endowment to help ensure the longev-

spirited and practical leadership in

organizing this year's Race Operations.

We are also grateful to the mayors of

Cambridge and Boston, the citizens

of Greater Boston, local businesses

and merchants alike for their warm

ity of the Regatta. The Board of Directors and I wish to thank generously of those competitors who are participating in these races. Finally, I wish to

recognize outgoing Senior Race Director, Mary Farrell, for her

welcome of rowers and spectators from around the globe.

Special thanks also to Commissioner Rick Sullivan of the Massachusetts Department of Conservation and Recreation (DCR), whose partnership with HOCR makes the Regatta a truly unique destination for the Commonwealth of Massachusetts attraction.

To all of our competitors, enjoy exploring Boston, good racing to all you on the River Charles and see you next year!

4. V. Scloch

FREDERICK V. SCHOCH IS THE EXECUTIVE DIREC-OR OF THE HEAD OF THE CHARLES SINCE 1992



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