



F O R T Y - F I F T H  
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HEAD OF THE  
**CHARLES**  
**REGATTA**

OCTOBER 17-18, 2009  
OFFICIAL PROGRAM



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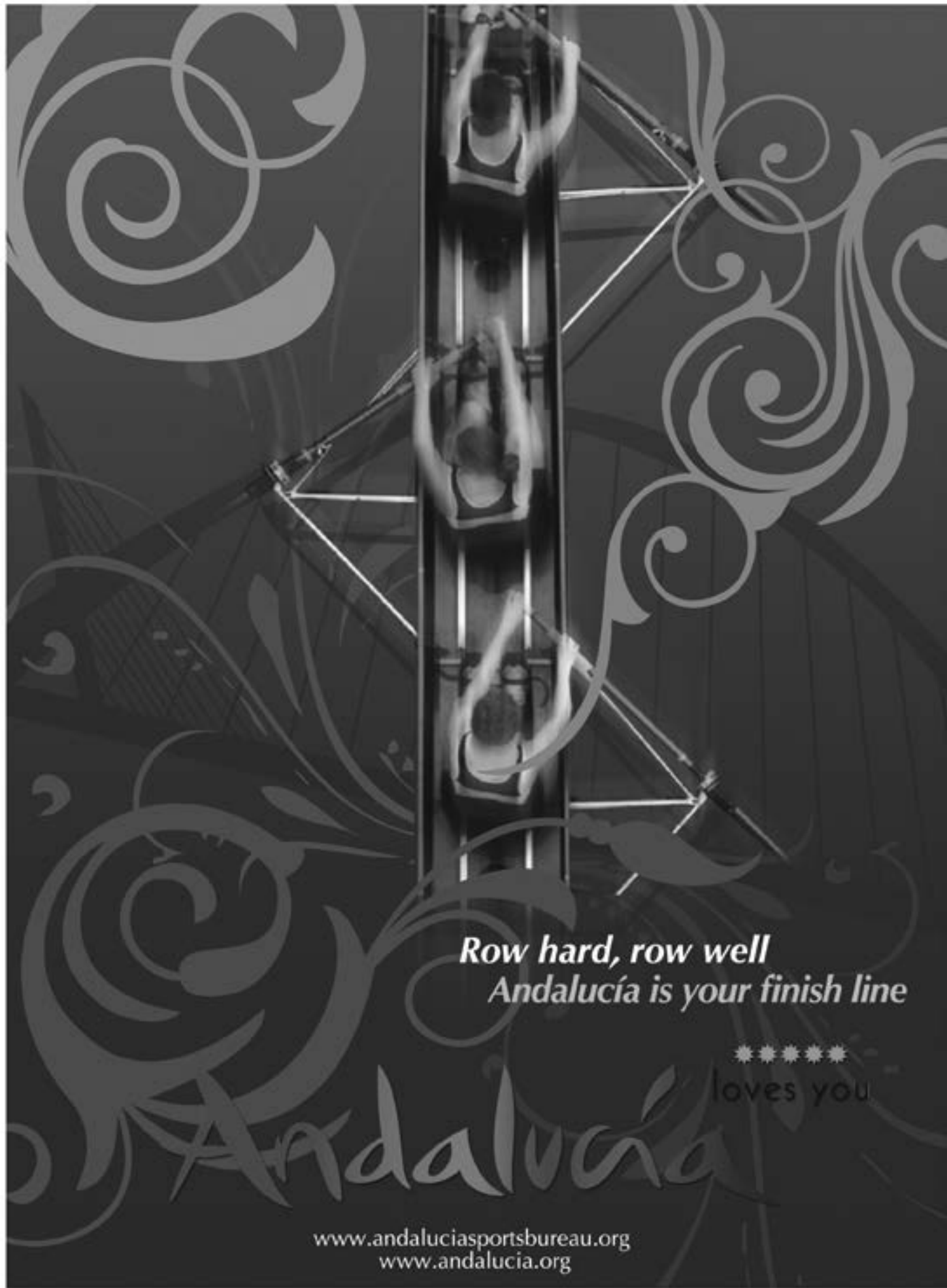
## FORTY-FIFTH HEAD OF THE CHARLES REGATTA



INSIDE  
PULLOUT  
RACE VIEWING GUIDE

◀ HARD ON STARBOARD AT CAMBRIDGE BOAT CLUB





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# welcome

FROM THE **MANAGING DIRECTOR**

EDWARD J. SMITH, JR

**W**elcome to the 45th edition of the Head Of The Charles Regatta. On behalf of the Regatta's five Managing Directors, Katherine Kirk, John Lambert, Chuck Pieper, Roger Borggaard, and myself—as well as long-time CFO Tom Martin and executive director Fred Schoch—I would like to take this opportunity to welcome you to America's Fall Rowing Festival.

Throughout the last four decades Cambridge Boat Club (CBC) has been the “host club” of the Head Of The Charles perfecting a successful head-style regatta. This year also marks the 100th anniversary of the Cambridge Boat Club. The Regatta was founded in 1965 by a core group from within CBC, and the event owes its start to the pioneering spirit of early event organizers. Well done CBC; thanks for all your support and congratulations on your 100th.

Rowing is a sport filled with cycles and this fall the Regatta is the beneficiary of one such cycle in particular. In a post-Olympic year, international athletes from around the world, having just come off the intensity of the World Championship in Poznan, Poland are generally afforded a more relaxed cycle following such a focused training period. This allows more top ranked athletes to look to events like the Head Of The Charles regatta as a ➤

◀ SLIDING SEATS, FIXED RIGGERS



➤ destination to wrap up the year's racing calendar under less distressing conditions.

This year we are excited to host one of the most competitive fields in Regatta history. We have an impressive list of foreign and domestic entries in all events—in particular, the Men's and Women's Championship Eights fields stand out. In addition to the impressive 2009 World Championship Men's Eight from Germany will be a "composite" crew comprised of the top scullers from around the world. This "Great Eight" was first organized in March 2009 by coach Bill Barry from Tideway Scullers, UK. Simply put, this is an historic lineup. You will not find a more decorated crew anywhere

This year also marks the 100th anniversary of the Cambridge Boat Club.

in the world. See the center section of this program book for more details on this unique crew.

In the marquee Championship Men's Singles event, returning HOCR champion Nathan Cohen from New Zealand will take on all challengers as well as fellow countryman, Mahé Drysdale, who just won the 2009 World 1x title in Poland. A host of other fast US scullers from the California Rowing Club, NYAC, Penn AC and Vesper Boat Club (to name a few) will test their speed against the world's best. In the Women's Championship Singles, an assortment of skilled scullers from across the US and Canada will challenge last year's winner and local favorite from Cambridge Boat Club, Gevvie Stone. A second year medical student at Tufts University, Gevvie will have her work cut out for her against a very strong field.

The backbone of the Regatta is our volunteer Race Committee. Thanks to the thoughtful leadership of senior Race Director Cindy Ryder-Matthes and Co-Director Alan Day, innovation and precise planning has steadily been measured throughout the year. Working alongside them has been a committed group of nine Co-Chairs who manage the Race Operations team. Congratulations to this lively and professional band of Regatta enthusiasts for all their hard work!

We owe a huge debt of gratitude to our talented and energetic rank and file volunteers who make the Head Of The Charles a success. More than 1,400 volunteers sign up for work shifts to cover important operation areas of the Regatta. There are countless "moving parts" involved in the execution of the events; the very fabric of the Regatta truly is the steady commitment of thousands of volunteers who freely give service and energy to the Regatta.

Finally, I want to recognize and give thanks to the full Board of Directors of the Head Of The Charles for their continued guidance and counsel in plotting the course of this amazing weekend. The Regatta holds a unique position in the world of rowing, and it is in no small part due to the sagacious leadership of the entire board.

We hope you enjoy the fruits of our labor this regatta. Spectators, competitors and families alike will cherish all aspects of what has become one of Boston's signature special events.

Thanks again for being a part of *America's Fall Rowing Festival*.

Row well,



**EDWARD J. SMITH, JR.** IS A LONGTIME REGATTA VISIONARY, CURRENT SECRETARY, AND CHAIRMAN OF THE BOARD OF DIRECTORS, AND FERVENT MASTER SCULLER.

## organization

### HEAD OF THE CHARLES REGATTA

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### 2009 REGATTA RACE COMMITTEE

#### RACE DIRECTORS

Cindy Ryder-Matthes  
Alan Day

#### RACE COMMITTEE

Ed Englander  
Nigel Gallaher  
Dennis Hickey  
Steve James  
Maureen Keefe  
Tracey Neret  
Vern Shrauger  
Joy Stark Vancs  
Matt Wagner

**The 2010 Head Of The Charles Regatta will take place on Saturday and Sunday, October 23-24, 2010.** For more information call the Head Of The Charles general information number, 617 868-6200, visit [www.hocr.org](http://www.hocr.org) or email [regatta@hocr.org](mailto:regatta@hocr.org)

### 2009 PROGRAM PRODUCTION

#### DESIGN

Carlos Ridruejo|Caridossa.com

#### PHOTOGRAPHY

Carlos Ridruejo  
Igor Meijer

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PHOTOGRAPH CARLOS FIDELIBUO



# schedule

EVENT AND **START TIMES**

Saturday, October 17, 2009

	EVENT - DIVISION	START
1	Grand-Master Men's Singles 50+ (1x)	7:45 AM
2	Grand-Master Women's Singles 50+ (1x)	8:16 AM
3	Senior-Master Men's Singles 40+ (1x)	8:44 AM
4	Senior-Master Women's Singles 40+ (1x)	9:06 AM
5	Senior-Master Men's Eights 50+ (8+)	9:29 AM
6	Senior-Master Women's Eights 50+ (8+)	9:46 AM
7	Senior-Master Men's Fours 50+ (4+)	10:02 AM
8	Senior-Master Women's Fours 50+ (4+)	10:19 AM
9	Senior-Master Men's Doubles 50+ (2x)	10:37 AM
10	Senior-Master Women's Doubles 50+ (2x)	10:54 AM
11	Alumni Men's Eights (8+)	11:15 AM
12	Alumnae Women's Eights (8+)	11:30 AM
13	Club Men's Singles (1x)	11:45 AM
14	Club Women's Singles (1x)	12:06 PM
15	Club Men's Fours (4+)	12:26 PM
16	Club Women's Fours (4+)	12:53 PM
17	Club Men's Eights (8+)	1:24 PM
18	Club Women's Eights (8+)	1:44 PM
19	Master Men's Doubles 40+ (2x)	2:04 PM
20	Master Women's Doubles 40+ (2x)	2:18 PM
21	Master Men's Fours 40+ (4+)	2:34 PM
22	Master Women's Fours 40+ (4+)	2:48 PM
23	Master Men's Eights 40+ (8+)	3:06 PM
24	Master Women's Eights 40+ (8+)	3:24 PM
25	Championship Men's Doubles (2x)	3:43 PM
26	Championship Women's Doubles (2x)	3:57 PM
27	Collegiate Men's Fours (4+)	4:15 PM
28	Collegiate Women's Fours (4+)	4:31 PM
29	Championship Men's Singles (1x)	4:52 PM
30	Championship Women's Singles (1x)	5:08 PM
DP	Directors' Challenge Parent/Child Doubles (2x)	5:24 PM
DX	Directors' Challenge Mixed Doubles (2x)	5:43 PM

Awards Ceremony for Events 1 - 30 6:00 PM

◀ STROKE FOR STROKE—THREE BOATS ACROSS





# schedule

EVENT AND **START TIMES**

Sunday, October 18, 2009

	EVENT - DIVISION	START
31	Senior-Veteran Men's Singles 70+ (1x)	8:00 AM
32	Senior-Veteran Women's Singles 70+ (1x)	8:21 AM
33	Veteran Men's Singles 60+ (1x)	8:41 AM
34	Veteran Women's Singles 60+ (1x)	9:03 AM
35	Youth Men's Doubles (2x)	9:24 AM
36	Youth Women's Doubles (2x)	9:36 AM
QX	Directors' Challenge Mixed Quadruples (4x)	9:58 AM
37	Youth Men's Fours (4+)	10:20 AM
38	Youth Women's Fours (4+)	10:55 AM
39	Youth Men's Eights (8+)	11:33 AM
40	Youth Women's Eights (8+)	12:06 PM
41	Master Men's Singles 30+ (1x)	12:40 PM
42	Master Women's Singles 30+ (1x)	12:59 PM
43	Collegiate Men's Eights (8+)	1:23 PM
44	Collegiate Women's Eights (8+)	1:39 PM
QW	Directors' Challenge Women's Quadruples (4x)	2:01 PM
45	Lightweight Men's Singles (1x)	2:15 PM
46	Lightweight Women's Singles (1x)	2:30 PM
47	Lightweight Men's Fours (4+)	2:47 PM
48	Lightweight Women's Fours (4+)	2:57 PM
49	Lightweight Men's Eights (8+)	3:14 PM
50	Lightweight Women's Eights (8+)	3:25 PM
51	Championship Men's Fours (4+)	3:38 PM
52	Championship Women's Fours (4+)	3:49 PM
QM	Directors' Challenge Men Quadruples (4x)	4:05 PM
53	Championship Men's Eights (8+)	4:18 PM
54	Championship Women's Eights (8+)	4:33 PM

Awards Ceremony for Events DP - 44	3:00 PM
Awards Ceremony for Events 45 - 54	6:00 PM

◀ LOCAL CREW TAKES A HIT!





# glossary

## ROWING TERMINOLOGY

**Bow** The forward section of the boat. The first part of the boat to cross the finish line.

**Bow number** A card holding the number assigned to each boat for a race.

**Bow seat** The rower closest to the front or bow of a multi-person shell. In coxless boats, often the person who keeps an eye on the water behind themselves to avoid accidents.

**Coxbox** Portable voice amplifier; may also incorporate digital readouts displaying stroke rate, boat speed and times.

**Coxswain** The oarless crew member who is responsible for steering and race commands; the coxswain either sits in the stern or lies in the bow of the boat.

**Engine room** The middle group of rowers in the boat. In an eight, this is generally seats 3, 4, 5 and 6. They are generally the biggest and strongest rowers.

**Gunwales** The top rail of the shell.

**Hatchet blade** Oar blades that have a more rectangular shape. (see Macon blade)

**Heavyweight** A rower who weighs more than the restrictions for lightweight rowing.

**Lightweight** A rower whose weight allows him or her to be eligible to compete in Lightweight rowing events.

**Macon blade** Oar blades that have a curved shape. (see Hatchet blade)

**Port** A sweep rower who rows with their oar on the left side of the boat.

**Sculler** A rower who sculls—rows with two oars.

**Seat numbers** A rower's position in the boat, counting up from the bow. In an Eight, the person closest to the bow of the boat is "bow," the next is 2, followed by 3, 4, 5, 6, 7 and finally 8 or "stroke."

**Starboard** A sweep rower who rows with their oar on the right side of the boat.

**Sweep** A rower who rows with one oar.

**Stroke seat** The rower closest to the stern of the boat, responsible for the stroke rate and rhythm.

**Hard on port (or starboard)** The rowers on that side of the boat must row harder (and the opposite side must row slightly easier) in order to facilitate a sharp turn.

**Easy** To stop rowing hard.

**Hold water** Stop the boat.

**Check it down** Square the oars in the water to stop the boat.

**Let it run** To stop rowing and put the handles of the oars to the gunwales out in front of the rower in such a manner that the oars are parallel to the water, yet not touching. This allows the boat to glide for a distance.

**On the square** To row without turning the blades on the recovery.

**Weigh-enough or "Wain...nuff"** To stop whatever the rower is doing, whether it be rowing or walking with the boat overhead.

**Power 10** A call for rowers to do ten of their best, most powerful strokes. It's a strategy used to pull ahead of a competitor.

**In 2...** Most water commands are appended prior to the command to take place after two strokes. For example "In 2, Wain...nuff"

SOURCE: ADAPTED FROM USROWING

◀ CHARGING FORWARD





# equipment

## BOAT AND OAR NOMENCLATURE

### Eight-rower shell

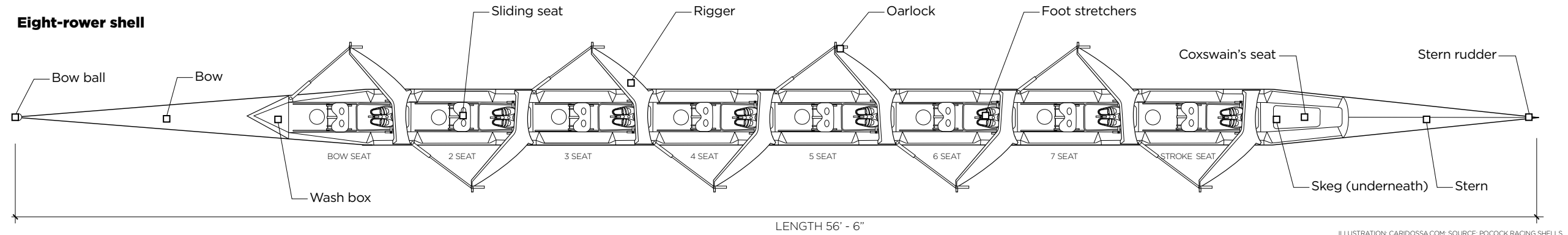
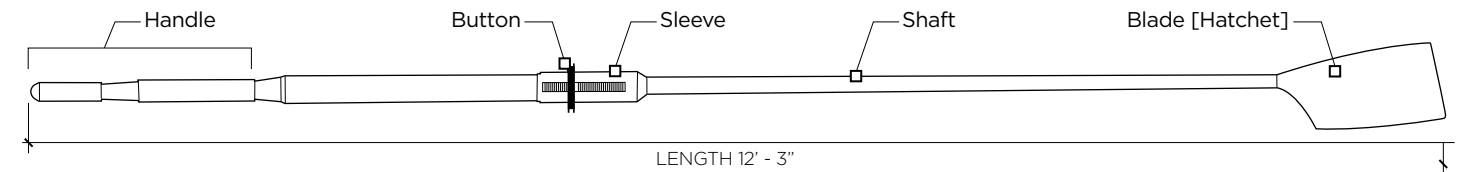


ILLUSTRATION: CARIDOSSA.COM; SOURCE: POCOCK RACING SHELLS

### Shell construction

Rowing shell construction has greatly evolved since the days of entirely wooden boats. Today's boats are considerably lighter and stiffer, thanks to the use of space-age technology such as aircraft aluminum, carbon fiber and honeycomb construction.

### Sweeping oar



### Sculling oar



ILLUSTRATION: CARIDOSSA.COM; SOURCES: CONCEPT2

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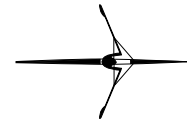
Funded in part by the San Diego Tourism Promotion Corporation with City of San Diego Tourism Marketing District Assessment Funds





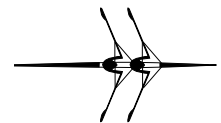
# equipment

## BOAT SPECIFICATIONS



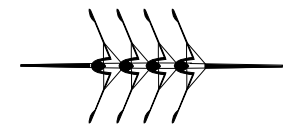
### Singles Sculls (1x)

Singles are boats about 26 feet long, 11 inches wide and weighing some 30 pounds, propelled by one person with two oars.



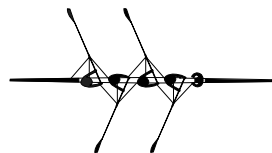
### Double Sculls (2x)

Doubles are approximately 32 feet long, 13 inches wide and weigh about 59 pounds. They are boats propelled by two people with two oars each.



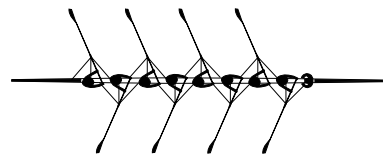
### Quadruple Sculls (4x)

Quads are generally 42 feet long, 21 inches wide and weigh approximately 114 pounds. They are propelled by four rowers with two oars each.



### Coxed Fours (4+)

Coxed Fours are about 42 feet long, 21 inches wide and weigh roughly 112 pounds. They are propelled by four rowers with one oar each, and are steered by a coxswain.



### Coxed Eights (8+)

Eights are approximately 60 feet long, 26 inches wide and weigh nearly 211 pounds. The boats have eight rowers with one oar each, and a coxswain to steer the boat.

ILLUSTRATION: SHERRY PROCTOR. SOURCE: FEDERATION INTERNATIONALE DES SOCIÉTÉS D'AVIRON (FISA)

◀ YIELDING THE FASTEST LINE CHOSEN





# the great eight

THE BEST ROWERS REUNITE AT **THE HEAD OF THE CHARLES**

CHARLES **ATTAGER**

**T**he 45<sup>th</sup> Head Of The Charles Regatta will feature one of the greatest fields of elite rowers that this legendary Regatta has ever assembled.

All six of the finalists from the 2008 Olympic Single Sculls event—Olaf Tufte (gold medal), Ondrej Synek (silver medal), Mahé Drysdale (bronze medal), Tim Maeyens (fourth), Alan Campbell (fifth) and Lassi Karonen (sixth) will be joined by 2008 Olympic Double Sculls finalist Iztok Čop and Marcel Hacker, winners of the petite final at the 2008 Olympics—to form an eight-man sweeps boat dubbed the “Great Eight.”

The Great Eight will compete in the Championship Men’s Eights race on Sunday afternoon against a field that will also have national team boats representing the United States, Great Britain and France.

“To have such accomplished elite rowers coming to Boston for this year’s Head Of The Charles certainly is a thrill,” said Fred Schoch, Executive Director for the Regatta. “Short of a World Championship or an Olympic regatta, it’s rare that you’ll see so much talent in one place. This is an historic occasion.”

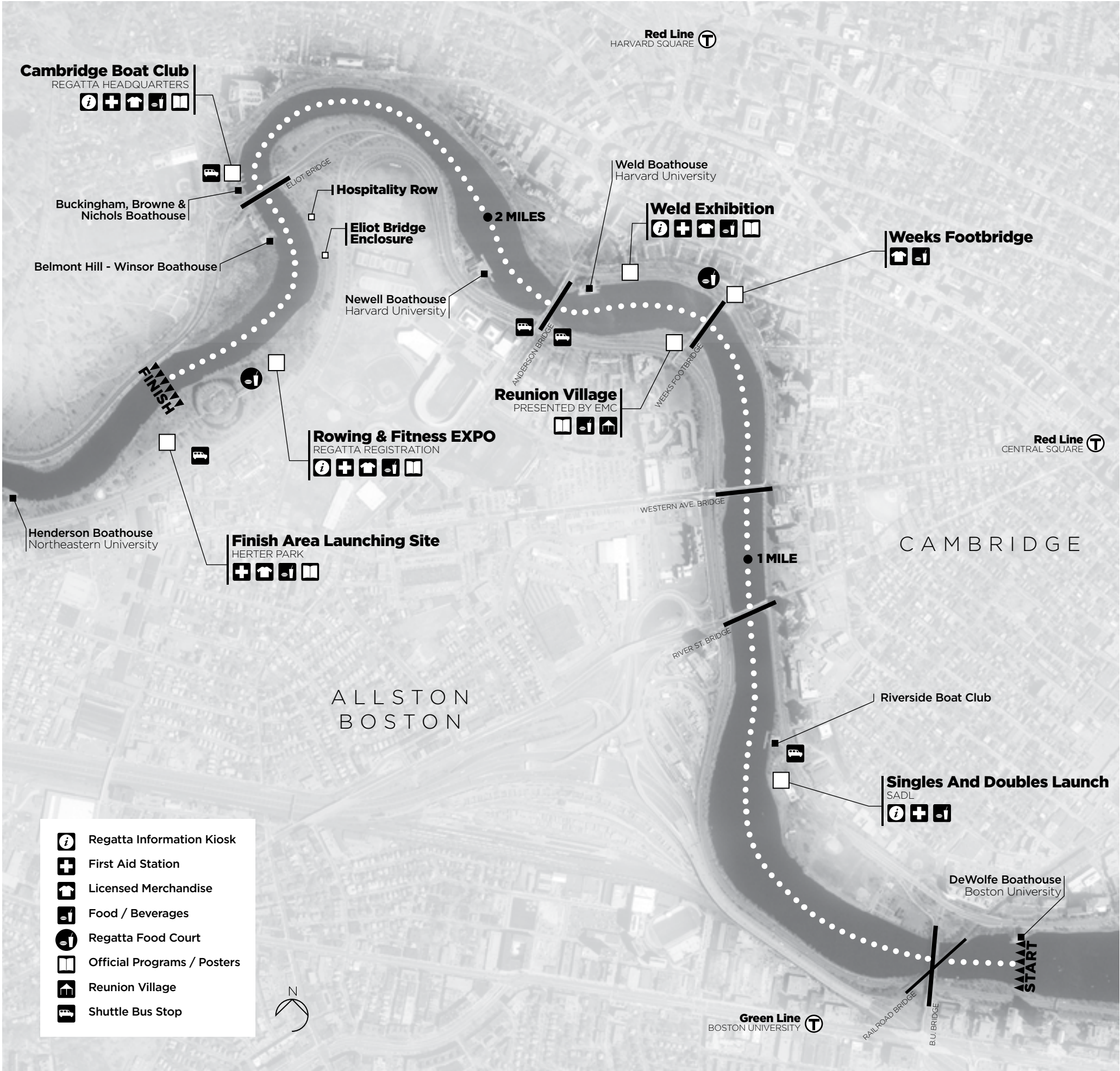
The Great Eight, which is the brainchild of British coach Bill Barry, competed together for the first time in March 2009 at the Head of the River Race on the Thames River in London. In that race, the Great Eight bettered Leander Club, comprised of

five British National Team members from the Beijing Olympics, to win the title.

**Mahé Drysdale,** Born in Melbourne, Australia, Drysdale began rowing at university at the age of 18. He gave up rowing to concentrate on his studies, but began rowing again after watching fellow New Zealander Rob Waddell win gold at the 2000 Olympic Games. Drysdale began competing at the World Cup level in 2002, rowing in the New Zealand coxless four. After the 2004 Olympic Games, in which his New Zealand crew finished fifth in the final, Drysdale switched to the single scull, winning the 2005 World Championships at Gifu, Japan, despite having broken two vertebrae in a crash with a water skier earlier in the year. He successfully defended his title in 2006 at Dorney Lake, Eton, England and again in 2007 at Munich, Germany. Drysdale is a member of the West End Rowing Club in Avondale, Auckland, New Zealand and Tideway Scullers, London. Drysdale was officially selected as New Zealand’s Olympic heavyweight sculler on March 7, 2008. He was also chosen to carry the flag for New Zealand during the Parade of Nations in the opening ceremony. Unfortunately for Drysdale, a severe gastrointestinal infection in the week before his final saw him off form yet remarkably able to carry the bronze medal for the men’s single scull. Dry- ➤

◀ MAHÉ DRYSDALE AT BEIJING '08





# regatta venues

RACE COURSE MAP AND **VENDOR LOCATOR**

## WEEKS FOOTBRIDGE

Regatta Licensed Merchandise  
Benjamin Moore  
Best Buy Mobile  
Cascadian Farms Organic  
Chipotle  
Clorox Green Works  
Delicious Living Magazine  
Dunkin' Donuts  
Graceway Pharmaceutical  
Green Mountain Coffee  
LÄRABAR  
Mohegan Sun  
Mrs. Myer's Clean Day  
Muir Glen  
Skechers  
Turkey Hill Ice Cream  
Uno Chicago Grill  
WFNX / Phoenix Media

## WELD EXHIBITION

Regatta First Aid  
Regatta Information Center  
Regatta Licensed Merchandise  
Regatta Results  
Regatta Sales  
Andalucia  
Audi of America  
Cabot Creamery  
Cholula Hot Sauce  
EMC  
Microsoft  
The Boston Globe  
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## REUNION VILLAGE PRESENTED BY EMC

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Boston College High School  
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Columbia University  
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Deerfield Academy  
Drexel University  
Georgetown University  
George Washington University  
Georgia Tech Crew  
Hamilton College  
The Hill School  
Hobart & William Smith Colleges  
Holy Cross College  
Ithaca College  
Massachusetts Institute of Technology  
Mount Crew  
Kent School  
Leander Boat Club  
Lehigh University  
Loomis Chaffee School  
Oxford and Cambridge  
Phillips Academy Andover  
Phillips Exeter Academy  
Princeton University  
Rensselaer Crew  
St. Joseph's University  
St. Mark's School  
St. Lawrence University  
University of Chicago  
University of Massachusetts - Amherst  
University of Richmond  
University of Rochester Crew  
University of Wisconsin  
Vassar College  
Wayland-Weston Rowing Association  
Wesleyan University

## CAMBRIDGE BOAT CLUB

Regatta Charity Programs  
Regatta Directors' Hospitality Tent  
Regatta Press/Media Center  
Regatta Results  
Fleming's Prime Steakhouse and Wine Bar

## FINISH AREA LAUNCHING SITE (FALS) AND ROWING AND FITNESS EXPO

Regatta Athlete Registration  
Regatta Awards  
Regatta Licensed Merchandise  
Regatta Results  
Regatta Weigh-In  
Active Tools  
ALINE Systems  
AMI Graphics  
Barowsky's Organic Breads  
Belted Cow  
Best Buy Mobile  
Boathouse Sports  
Bondi Band  
Braca-Sport  
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Cholula Hot Sauce  
Concept2 CTS  
Connect-A-Dock  
Costa Del Mar Sunglasses  
Craftsbury Sculling Center  
Croker USA  
Durham Boat Company  
EMC  
Empacher Racing Shells  
Fluidesign  
Gay & Lesbian Rowing Federation  
Hudson Boat Works  
JL Racing  
Klinger Engineering  
Microsoft  
Nick Paciorek Studio  
Nielsen-Kellerman Co.  
Ocean River Institute  
Pete & Gerry's Organic Eggs  
Pocock Racing Shells  
Regatta Sport  
Resolute Racing  
Row Works/Burnham Boat Slings  
Rower's Edge  
Rowgue  
Rowing News  
Rubini Jewelers  
SEA.edu  
Sew Sporty  
Shimano  
Shox-Box  
Space Saver Rowing Systems  
SportGraphics  
St. Catherines World Rowing Masters Regatta  
Stonyfield Organic  
The Boston Globe  
The Jenzebar Foundation  
Val's Customized Action Wear  
Vespoli USA  
Water Rower  
WinTech Racing

## HOSPITALITY ROW

Eliot Bridge Enclosure  
Liberty Hotel  
National Rowing Foundation





◀ LASSI KARONEN AT BEIJING '08

◻ dale captured the Championship Men's Singles event at the 2005 Head Of The Charles Regatta. Drysdale won the 2006 supreme Halberg award, the University of Auckland Young Alumnus of the Year Award in 2007, and was awarded Member of the New Zealand Order of Merit for services to rowing in the New Years Honours 2009.

**Lassi Karonen**, Karonen has been competing internationally as a member of the Swedish national rowing team since 2003. In 2008, Karonen captured the bronze medal in the single sculls at the World Cup stop in Lucerne, Switzerland. That turned out to foreshadow his greatest accomplishment to date – reaching the finals in the men's single sculls at the 2008 Olympic Regatta in Beijing. He is a member of the Brudpiga Rowing Club and is coached by Per Andersson.

**Alan Campbell**, Alan began rowing for his school, Coleraine Academical Institution for Boys, in Northern Ireland before moving to London and joining the Tideway

45<sup>th</sup> Head Of The Charles Regatta will feature one of the greatest fields of elite rowers that this legendary Regatta has ever assembled..

Scullers School. In 2003, Campbell left school to pursue rowing full-time, and that year won the Diamond Sculls at Henley Royal Regatta. He then made his international debut at the World U23 Cham- ➤





◀ OLAF TUFTE AT BEIJING '08

► pionships in 2003, where he was forced to switch from the double to the single sculls five days before the regatta because his sculling partner became ill. Despite this he finished 8th. Campbell competed in the quadruple sculls at the 2004 Summer Olympics, finishing in 12th place. In 2005, Campbell won the men's single at the GB Selection Trials, and raced in the men's quad for the World Cup, winning the bronze at the Lucerne regatta. At the 2005 World Championships in Gifu, Japan, the men's quad narrowly failed to reach the final. In 2006, Campbell switched to competing in the men's heavyweight single and won the Munich World Cup regatta ahead of Olaf Tufte. He also finished second in Lucerne, behind Mahé Drysdale, and fourth in Poznan, to win the overall World Cup standings. Alan competed in the 2008 Olympics in Beijing where he participated in the Men's 2000m Individual Scull; managing to remain in first for the first

1000m, where he was then over taken by Olaf Tufte and came in fifth position. Prior to the Games, he had picked up a virus that required knee surgery, which left him on crutches for three weeks in June 2008

**Olaf Tufte**, Tufte is the defending Olympic gold medalist in the single sculls. At the 2004 Summer Olympics he won the gold medal in the men's single sculls. He won silver in the men's double sculls at the 2000 Sidney Olympics together with Fredrik Bekken. He has also won two World Championships in the single sculls, in 2001 and 2003. When not rowing, Tufte earns a living growing cereals at the family farm in the Nykirke part of Hoten and he also works as a firefighter. Olaf is a member of Horten Roklubb, one of the most successful Norwegian rowing clubs of all time. In heat 6 of the 2000m in the 2008 Olympics single sculls, Tufte came in first with a time of 7:20.18. In the

finals, he was down nearly 2 seconds with 500m to go, but came back to win with a time of 6 minutes, 59.83 seconds, repeating his victory in Athens.

**Iztok Čop**, Izток started rowing at the age of 13 in Bled, where Slovenia's best rowing club is located. Originally rowing in the coxless pairs, Čop finished second in the World Championships in 1991, and won Bronze at the Barcelona Olympics in 1992 with Denis Žvegelj (the first Olympic medal for independent Slovenia). He then switched to the single scull, winning gold at the 1995 World Championship, but came in fourth at the Atlanta Olympics in 1996. He then changed to the men's double sculls with Luka Špik, and won the 1999 World Championships, and gold at the Sydney Olympics in 2000, which was the first

Olympic gold medal for Slovenia since its independence. Špik and Čop were the favorites to win the men's double sculls at the 2004 Summer Olympics, but finished in the silver medal position.

“To have such accomplished elite rowers coming to Boston for this year's Regatta certainly is a thrill,” says Executive Director Fred Schoch

**Marcel Hacker**, Hacker is a member of the German national rowing team and has been competing at the international level since 1994. In 2000, Hacker broke onto



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◀ ONDREJ SYNEK AT BEIJING '08

➤ the scene by capturing the bronze medal in the single sculls at the Olympic Games in Sydney. Two years later, Hacker captured the gold medal in the single sculls at the 2002 World Rowing Championships in Seville. Hacker has captured eight gold medals in single sculls in World Cup events and in July of 2009 was in the gold medal quadruple four for Germany that won gold at the World Cup stop in Lucerne, Switzerland.

**Ondrej Synek**, Synek has been competing internationally for the Czech Republic since 2000. He has competed in the quadruple, double and single sculls and is the only member of the “Great Eight” with sweep experience in international competition, having been a member of the Czech eight with coxswain that captured the 2007 European Rowing Championship in Poznan, Poland. As a sculler, Synek has enjoyed great success culminated by a silver medal finish

at the 2008 Olympic Games in Beijing, which matched his best ever finish at 2007 World Championship . Synek has eight gold medals in World Cup competition, his most recent coming in the single scull at the 2008 World Cup stop in Lucerne, Switzerland.

**Tim Maeyens**, Maeyens began rowing at age nine, and rows for the Royal Rowing Association of Bruges. In 1999, Maeyens won the bronze medal in the single scull at the Junior World Rowing Championships. In 2002, he teamed up with Christophe Raes to finish sixth place in the double scull at the World Rowing Under 23 Championships. In 2004, he made the finals on the Olympic Games in Athens and earned sixth place. Maeyens again made the final in the 2008 Olympics this time finishing fourth, just 1.8 seconds out of a medal.

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**E**ach year, a limited number of single scullers, double scullers and institutions commit to raising \$1,250 per seat in return for a guaranteed entry in the Head Of The Charles, as part of the Regatta's Official Charity Program. Since its inception in 1998, the Charity Program has raised over \$750,000 in contributions for local charities. With these contributions, the Official Head Of The Charles Charities have had the opportunity to expand youth, adaptive, and community rowing programs.

For 2009, the two Official Head Of The Charles Charities are Community Rowing, Inc. (CRI) and Cambridge Community Foundation (CCF).

Community Rowing, Inc and Concept2 had presented an Adaptive Clinic on Thursday, October 15th that introduced adaptive athletes to the joys of rowing. The clinic were led by the athletes from the famed "Great Eight": Alan Campbell (GBR), Tim Maeyens (BEL), Marcel Hacker (GER), Mahé Drysdale (NZL), Olaf Tufte (NOR), Ondřej Synek (CZE), Iztok Čop (SLO), and Lassi Karonen (SWE). Athletes from the Great Eight have also worked with the CRI's Urban Outreach Program leading young men and women from the City of Boston with the fundamentals of rowing. Many thanks to Concept2 and Alden Rowing for their help and equipment contributions that made these events possible.



◀ SCULLS ON DISPLAY AT COMMUNITY ROWING, INC

PHOTOGRAPH: IGOR MEIJER



CELEBRATING A CENTENNIAL OF CAMBRIDGE BOAT CLUB • 1909-2009

FORTY-FIFTH HEAD OF THE CHARLES REGATTA 31



➤ A portion of the funds raised by the Regatta's Charity Program partici-

# The Directors of the Head Of the Charles Regatta would like to thank all past and present Charity Program Participants.

pants for the Cambridge Community Foundation are directed toward the Cambridge Rindge and Latin School High School (CRLS) Rowing Program. CRLS operates out of a boat bay at the Cambridge Boat Club, immediately

below the Regatta's office. Each year, the CRLS athletes can be found along the banks of the Charles volunteering to set-up racks, selling programs and more. With measured patience, these athletes even permit the HOCR hound to occasionally supervise their practices! The balcony above the CRLS boat bay provides a wonderful view from which the Regatta Directors and staff watch the program grow to a competitive thriving force, with the help of Charity Program contributions.

The Directors of the Head Of The Charles would like to thank all past and present Charity Program participants. In particular, the Directors would like to take this opportunity to honor Stuart Law, a long time Charity Program participant who passed away at the 2008 Head of the Ohio, just weeks before he was meant to participate in his 21st Head Of The Charles. A rower for 62

years, Mr. Law competed in twenty-two Regattas since 1985. Prior to the start of the Senior-Veteran Singles on October 18, 2008, the Start Line honored Mr. Law with a moment of silence during the time when his bow (00) would have crossed the finish line. Enduring competitors and Charity Program participants, like Mr. Law, help to ensure the sustainability of the Regatta and charities like CCF and CRI. In this tough economic climate, the support of the Charity Program participants and donors is needed more than ever. The Head Of The Charles Regatta Charity Program offers a unique opportunity to participate in the sport while also giving back to the community. Please consider participating in 2010! For questions, we welcome you to contact the Regatta office at [regatta@horc.org](mailto:regatta@horc.org).

**CHARLES ATTAGER** IS A HEAD OF THE CHARLES REGATTA FAN AND FELLOW VOLUNTEER.

## 2009 OFFICIAL CHARITIES



Founded in 1916, the **Cambridge Community Foundation (CCF)** strives to meet the most vital human service needs of the Cambridge, Massachusetts community. The Foundation's focus is on funding direct human services by initiating programs and working through agencies serving in these areas: Early Childhood Services "A Healthy Start"—for babies, preschoolers, and their families; Youth Services "Opportunities for Children and Youth"—to grow into healthy, productive citizens; Senior Services "Support for Our Seniors"—services, activities, and volunteer opportunities; Community Services "A Welcoming Community"—ensuring access to services and resources for new immigrants, underserved groups, and vulnerable individuals; Emergency Outreach "A Community that Cares"—addressing hunger, homelessness, and violence; Arts & the Environment "A Lively, Livable Community"—encouraging creativity and caring for our environment.

**FOR MORE INFORMATION:** visit [www.cambridgecf.org](http://www.cambridgecf.org), contact the Foundation at 99 Bishop Allen Drive Cambridge, MA 02139, or call 617-576-9966.



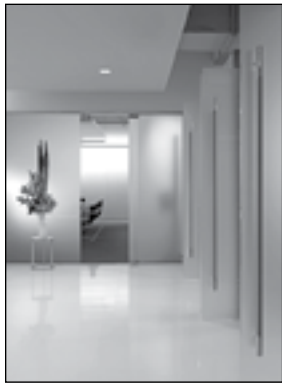
**Community Rowing, Inc. (CRI)** is the largest public access rowing club in the United States. Founded in 1985, CRI is dedicated to involving a racially and economically diverse group of people with a wide range of physical abilities in the Olympic rowing discipline that develops fitness, teamwork and strength. CRI offers learn to row, recreational, competitive adult and youth programs and includes opportunities for people who have physical disabilities, people with visual or hearing impairments and people who have intellectual disabilities. Membership and program fees are what keeps CRI afloat. The organization is committed to making rowing affordable for anyone who wants to take part. Donations to CRI support scholarships, equipments costs and special programs, such as G-ROW—CRI's after-school rowing program for more than 300 girls from the Boston Public Schools.

**FOR MORE INFORMATION:** call 617-779-8267 or visit [www.communityrowing.org](http://www.communityrowing.org)

## 2009 HEAD OF THE CHARLES CHARITY PROGRAM PARTICIPANTS

- Maria Alonso** Grand-Master Singles Women
- Victor Altshul** Senior-Veteran Singles Men
- James Beck** Senior-Veteran Singles Men
- Preston Davitt** Lightweight Singles Women
- Richard de Neufville** Senior-Veteran Singles Men
- Bob Heacox** Veteran Singles Men
- Arthur Holcombe** Veteran Singles Men
- Ken Iscol** Veteran Singles Men
- Saman Majd**
- Heidi McGee** Senior-Master Singles Women
- Jim Miller** Veteran Singles Men
- Community Rowing** Youth Eight Men and Club Eight Women
- Ernie Parizeau** Grand-Master Singles Men
- Bart Pasternak** Veteran Singles Men
- Jack Peters** Senior-Veteran Singles Men
- Vincent Petrecca** Veteran Singles Men
- Frank Porter** Senior-Veteran Singles Men
- Daniel Schley** Grand-Master Singles Men
- Hugh Scott** Veteran Singles Men
- Cal Sutliff** Senior-Veteran Singles Men
- Nikki Tippins** Club Singles Women
- Ali Vafae** Grand-Master Singles Men

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# hold water!

**UMPIRES:** HOW THE OFFICIALS CALL IT

JOHN LAMBERT

It is a cold, damp morning in late October, still dark, before dawn. Small groups of folk are stationing themselves on bridges, riverbanks, boathouse balconies, looking awkward and bulky in brightly colored slickers over fleeces and several layers of long underwear. They are settling down to spend 9 to 10 hours in one spot. Each group has its supplies for the day: bundles of forms, clipboards, binoculars, pens, freshly charged cell phones (and back-ups), flasks of coffee, and pockets full of emergency food. They are prepared for all weather, from torrential rain to blazing sun. Their task is to stay in one place for an entire day—rain, wind, or shine—and to watch every single boat of every single race.

Meet the Umpires, preparing to spend the day at their umpire station along the Head Of The Charles Regatta race course.

The entire Regatta is under the watchful eyes of teams of Umpires. There are 15 umpire stations located between the Start and Finish lines, and on every bridge and at every bend in the river at several boathouses—and even ensconced in a boat on the water, where trees on the riverbank block a clear view of the course. There is no part of the 3-mile course that is not within an Umpire's view. To staff

the Umpire stations and the Umpire support teams requires a large cadre of highly trained volunteers. In 2008 it took 146 people!

Why does the Head Of The Charles put so much effort and volunteer resources into Umpires?

The Umpires have two main responsibilities: They are concerned with the safety of all competitors, volunteers, and Regatta Officials on the race course; and they are responsible for fairness in racing, and ensuring that crews and scullers follow the racing rules. An Umpire is likely to be the first observer of a crew or an athlete in distress. They can communicate quickly, following pre-planned protocols to Emergency Services in order to get rapid assistance to the incident. Umpires of the Regatta are also the primary observers of unsafe rowing conditions, reporting such conditions to the Chief Referee and Race Committee officials. In addition, Umpires have an emergency protocol that they can initiate for stopping a race in the event of a serious threat to life and limb; for example, if a bridge arch becomes completely blocked by a collision and other racing crews are rowing toward them.

If racing is perfectly fair, the only factor that should determine the outcome of a race would be the skill and



◀ BLADE TO BLADE, BLADE TO HULL, BLADE TO BODY



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PHOTOGRAPH: CARLOS EIDRUEJO



ability of the athletes and crews. As an outdoor sport, rowing fast is subject to the vagaries of weather, particularly wind and waves. Even side-by-side racing on a standard six lane race-

Distinguishing true, willful interference from fierce, fair competition in close quarters—as each boat strives to row its fastest time—is a necessary skill of a good Head Of The Charles Umpire.

course may not be perfectly fair with differing conditions in different lanes. The three mile Head Of The Charles is a difficult race course, narrow with distinctive twists and turns and requiring racing shells to pass through seven bridges. It can be very difficult to pass another crew, or to be passed by a faster boat, without getting in another boat's way. Furthermore, for a majority of participants, this race is the first time that they row on the Charles River, so they lack familiarity with its idiosyncrasies.

The Head Of The Charles Race Committee has developed a set of racing and traffic rules to accomplish the goal of safe and fair racing on this challenging head course. The key racing rules are designed to keep racing and non-racing boats well apart, and to prevent interference. The Umpires' >

< BOW PAIR TAKES A LOOK



➤ task is to insure that these rules are being followed.

Umpires are responsible for fairness in racing, to ensure crews and scullers follow the Regatta's strict rules.

Some Umpire stations along the 3-mile course have a staff of 2 or 3, while there are 9 or 10 Umpires at the "hot spots" for potential interference—

Weeks, Anderson and Eliot Bridges—where crews or scullers are negotiating a bend and a bridge arch simultaneously. At these hot spots, there can be a dozen boats within the field of view, thus requiring multiple pairs of eyes. The Head Of The Charles' Race Committee staffs the points along the course that prove most difficult for competitors to negotiate, to ensure that all infractions are caught and penalties are assessed fairly.

If infractions are seen, the Umpires make the call as to the cause of any incident, assess the penalties (if any), and document their observations on station-specific forms—complete with sketches of the incident. As soon as the last boat of an event passes the station, the Lead Umpire of that station is in telephone contact with Umpire Cen-

tral, a group of volunteers at Cambridge Boat Club whose task is to collect the reports of penalties from Umpires in the field and then interface with Computer Timing committee to apply them to the results. In 2008, preliminary results with all penalties assessed were able to be posted within 15-20 minutes after the end of each race.

While telephone communication allows rapid collation of any penalties and rapid issuance of preliminary results, all original documentation regarding each the incident is reviewed by a jury of experienced Umpires and Judge-Referees under the stalwart leadership of Chief Referee, Pete Peterson. A volunteer team of cyclists is constantly circulating between each of the 15 Umpire stations and Umpire Central at Cambridge Boat Club, collecting incident reports for

delivery to Umpire Central and the Jury Room at Cambridge Boat Club. If the Jury feels a call was incorrect, the change is immediately made to the preliminary results.

The competitors rely on the Umpires to fairly adjudicate the race. Refereeing Head-style races is difficult, requiring great judgment and knowledge of rowing and head-style racing. After all, only the first boat (Bow #1) of an event—division has the opportunity to row a perfect course around the bends and through the bridge arches of the 3 mile race course, as long as it is not caught by boats behind. The course line taken by all other boats must take into account neighboring boats; so at some level, boats interfere with each other by their mere presence on the river. Distinguishing true,

willful interference from fierce, fair competition in close quarters—as each boat strives to row its fastest time—is a necessary skill of a good Umpire.

About 100 of the nearly 150 volunteers are USRowing Association (USRA)-trained Judge-Referees, some of whom travel from far afield to umpire the Head Of The Charles Regatta. All of the Umpires undergo training in the specifics of racing in this regatta, since every head race course is unique. Umpires must pass an on-line exam, where prospective Umpires are asked to judge various scenarios taken from incidents in past regattas. The intensive training prepares them for umpiring 59 different race vents comprising about 1,800 boats and nearly 9,000 athletes over 2 days. In 2,008, 240 buoy penalties and 106 cases of

interference penalties were applied. Sixty five of the interference penalties were applied to boats that did not yield right of way to a passing boat, while 41 were collisions where the penalty was applied to the boat whose steering was judged to have been the cause of the incident. Just 21 of these interference calls were appealed, with 11 of them being upheld by the Jury.

If you are interested in joining the Umpire Team for next year's Head Of The Charles Regatta, and able to complete the training and pass the exam, go to the volunteer recruitment section of the HOCR.org. 

**JOHN LAMBERT** IS A DIRECTOR OF THE HOCR AND HAS BEEN INVOLVED IN MANY ASPECTS OF THE HOCR ORGANIZATION FROM THE TIME HE FIRST VOLUNTEERED IN 1983, WHEN HE SERVED AS AN UMPIRE. HE WAS ASSISTED IN THIS ARTICLE BY CECILIA BENNETT.



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# last ten strokes

A MESSAGE FROM THE **EXECUTIVE DIRECTOR**

FREDERICK V. **SCHOCH**

**O**n behalf of the Regatta's Board of Directors, host organization Cambridge Boat Club, Co-Race Directors Cindy Ryder-Matthes and Alan Day, the 2009 Race Committee, as well as 1,400 volunteers, I welcome you to the world's most exciting fall regatta.

The logistical and financial journey to this particular Regatta weekend have indeed been a challenging. Planning an event of this size is a year-round enterprise and requires full-time staff. Given that we are in the middle of a global recession, fund raising for this year's Head Of The Charles has proven more delicate than any previous year. These difficult conditions have forced the Regatta to make many adjustments to the operating plan—hopefully none that are visible to the competitors and spectators. Therefore, it is with considerable gratitude that we thank the rowing community for its continued support through entry fees and other contributions, and also our current sponsors.

In particular, the Regatta would like to thank Silver Regatta Sponsor EMC Corporation, headquartered in Hopkinton, Mass. As Massachusetts' largest technology employer, and a global leader in data storage products, EMC Corporation's support and partnership this year's Regatta helps us to continue the fine traditions of the

Head Of The Charles as one of Boston's world class events.

I would also like to draw your attention to the Best Buy Mobile presence at two locations this weekend. Best Buy Mobile will have retail outlets at both Weld Boathouse area and the Rowing and Fitness Expo. These fully, staffed tech centers will feature 9 different wireless phone carriers and over 100 handset models. All of your PDA and mobile phones needs can be addressed this weekend!

Products and services from a host of other Patrons at Weld and Weeks Footbridge areas include: Benjamin Moore Paints, Cabot Creamery, Cholula's Hot Sauce, Clorox Green Works, Costa Del Mar, Dunkin' Donuts, Graceway Pharmaceutical, Green Mountain Coffee, Microsoft, the Mix New Hope Tour, Mohegan Sun, Mrs. Meyer's Clean Day, Native Waters, Shimano, Sketchers, Small Planet Foods, TD Bank, Tretorn, and Turkey Hill Ice Cream. I would also like to recognize valuable Regatta partners USRowing, Hudson Boat Works, Concept2, PowerHouse Timing, the Liberty Hotel, CBS Broadcasting, Phoenix Media Group, Elevate Communications, Fleming's Prime Steakhouse and Wine Bar, Whaleback Systems, Boston Copy Associates, Andalucía, Olympia Moving and Storage and the Boston Globe. ➤

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> New this year are two exciting "Food Courts" at the Weeks Footbridge area on the Cambridge side of the Charles and at the Rowing and Fitness Expo near the Finish Line, on the

Finish Line food court.

On a racing note, we are pleased to introduce a new event this year: the Alumni Eights. This event was created specifically for members of the same

institution who are not currently enrolled; the event will be handicapped to accommodate all ages in the same race. Also, this will be the fifth year of the Directors' Challenge Quad races and the second year for the Parent/Child Double and the Mixed Double Scull events. The Board of Directors and I thank all Directors' Challenge Participants

for their generous support.

Finally, I wish to recognize outgoing Senior Race Director, Cindy Ryder-Matthes, for her thoughtful and steady hand on the organizational tiller steering this year's Race Operations. We are also

grateful to the Mayors of Cambridge and Boston, the citizens of Greater Boston, local businesses and merchants alike for their warm welcome of rowers and spectators from around the globe.

Special thanks also to Commissioner Rick Sullivan and Janice Parlon, Manager, Special Events & Services of the Massachusetts Department of Conservation and Recreation (DCR), whose partnership with HOCR makes the Regatta a truly unique destination for the Commonwealth of Massachusetts.

To all of our competitors, enjoy exploring Boston, good racing to all you on the River Charles and see you next year!

*F. V. Schoch*

**FREDERICK V. SCHOCH** IS THE EXECUTIVE DIRECTOR OF THE HEAD OF THE CHARLES SINCE 1992.

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